

Resources from The Florida Council on Compulsive Gambling, Inc

Northwest Florida Gamblers Anonymous, Tallahassee GA - Wednesday Night - OPEN - Meetings

Resource number: 72355108

A program of: Self-Help Support Groups Gamblers Anonymous (GA)

Description

The Tallahassee Wednesday Night Gamblers Anonymous Meeting takes place at the Leon County Public Library on Wednesday nights starting from 7:30pm-8:30pm (ET) and is an OPEN meeting. No Gam-Anon meeting is held at this location during this time.

Description of Location: The meeting is held at Leon County Public Library, either in the Magnolia Room or the Henderson Room (alternates depending on availability). Check with the second floor reception to see which room is being used for the meeting that day when you arrive.

Gamblers Anonymous (GA) is an anonymous and confidential fellowship of men and women of all ages, from diverse social and economic backgrounds, races and religions, who meet for the purpose of sharing their experience, strength and hope as it relates to maintaining abstinence from gambling while living a happy and useful life. There are no dues or fees, and the only requirement for membership is a desire to stop gambling.

This program has been addressing gambling addiction and helping those affected since the 1950s. This 12-step meeting has tens of thousands of members around the United States, is free to attend, and offers sponsorship and pressure relief as significant components of the program. Many people choose to use this resource as their only recovery program, as they feel more comfortable being around people who have/are living with a gambling addiction then they do in a one-on-one counseling type setting. The FCCG encourages self-help resources in conjunction with individual treatment options.

Self-help is a critical part of the recovery process. Self-help groups can assist you with tools for recovery and can provide insight that you are not dealing with this problem alone. Generally, self-help groups offer the opportunity to identify with others through a shared group experience, and furnish ongoing and lifelong support.

An aspect of many self-help programs is sponsorship. Sponsors may provide additional information, encouragement, fellowship and guidance to newcomers on a voluntary basis. They may also furnish assistance and offer suggestions to newcomers on a case-by-case basis.

GA operates two types of meetings: open and closed. An open meeting is open for all persons to attend regardless of their relationship to the gambler, whereas closed meetings are strictly for gamblers only.

Phone Numbers

Dana J.	850-212-2654 Primary Meeting Contact	Florida GA Hotline	1-855-222-5542 Secondary Meeting Contact
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Site Information

Location	Leon County Public Library, 200 W. Park Ave Tallahassee, FL 32301	Description of Location	The meeting is held at Leon County Public Library, either in the Magnolia Room or the Henderson Room (alternates depending on availability). Check with the second floor reception to see which room is being used for the meeting that day
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Mailing Address Leon County Public Library, 200 W. **Hours**
Park Ave Tallahassee, FL 32301

when you arrive.

Wed: 7:30pm (ET) - 8:30pm (ET);

Program Information

Eligibility

Languages Offered English, English

Payment Options

Fees Free

Application Process

Documents Required

Normal Wait Time

Capacity

Volunteer Opportunities No

Coverage Areas

FL - Leon County - Tallahassee - 32301

Main Contact

Name Dana J.
Title Primary Meeting Contact
Phone 850-212-2654